North Cheshire and Mersey
NHS Foundation Trust

Post-operative instructions following facial surgery

Oral and Maxillofacial Surgery Department

Information for patients and carers

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Caring for you

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After your surgery

After your surgery, you may have:

- swelling
- bruising
- discomfort

This is normal and should improve over time.

You can take paracetamol to help with the pain. You should take this as instructed.

Please let us know if you cannot take paracetamol.

Activity and alcohol

Avoid strenuous exercise and alcohol for 24 hours after your surgery. This can cause bleeding.

Looking after your wound

- Keep the area around your wound clean and dry.
- Follow the instructions given to you.

If you have any bleeding:

- place a clean gauze swab or clean cloth over your wound
- apply firm pressure for 10 to 15 minutes

If the bleeding does not stop, please follow the advice given to you by the clinic.

Follow-up appointment

You will be seen in clinic about 1 week after your surgery. Please make this appointment before you leave the clinic.

Need help or advice?

If you have any problems or need advice, contact the department on 01925 662436 (between 9am and 5pm, Monday to Friday).

If you need advice outside of these times, contact Aintree University Hospital on 0151 5255980 and ask for the maxillofacial doctor on call.

Tell them you were treated at Halton Hospital.