North Cheshire and Mersey
NHS Foundation Trust

Discharge of paediatric orthoptics and optometry patients

Orthoptics

Information for patients and carers

• Home • Community • Hospital

Caring for you

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Introduction

Your child has now been discharged from the hospital eye clinic.

This leaflet explains what happens next and when your child should have their eyes tested in the future.

My child has been discharged. What happens next?

If your child wears glasses, they should keep wearing them as advised by their orthoptist or optometrist.

If your child does not wear glasses, regular eye tests are still important. Some eye problems do not cause obvious symptoms, so you may not know there is a problem.

All children are offered a vision screening check when they are in reception, the first year of primary school.

When should my child have an eye test?

This depends on your child's age.

Children below school age

Your child will be offered a vision screening check when they start school in reception.

If the screening check shows that your child may have a vision problem, they will be referred to the hospital eye clinic for further checks.

If your child has not yet started school and you are worried about their eyes or vision, please contact your GP or health visitor. They can decide whether your child needs to return to the hospital eye clinic.

School-age children

We recommend that your child has an eye test with a community optician every year.

This is important even if you have no concerns about their eyesight. Some eye problems can develop without obvious signs or symptoms.

Eye tests are free for all school-age children.

If you have any concerns about your child's eyes or vision, arrange an eye test with your local optician.

Contact information

Orthoptic Department

Phone: 01925 662 772

Please contact the Orthoptic Team if you have any questions about your child's previous care or if you need advice after discharge.