

# Cosmetic and prosthetic contact lenses

## Optometry Department

Information for patients and carers

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Caring for you

Cosmetic and prosthetic contact lenses are special contact lenses that can improve or restore the appearance of the eye.

These lenses are medical devices. A qualified optometrist must fit and check the lenses to keep your eyes safe.

## Looking after your contact lenses

Please read our contact lens leaflet for general advice on contact lens care.

### Cleaning and storage

- Only use the recommended contact lens solutions. Some solutions can damage the lenses.
- Never use tap water or saliva to clean your lenses.
- Some cosmetic lenses are hand painted and need careful cleaning. Please follow the cleaning instructions given by your optometrist.
- Store lenses in a clean lens case.
- Clean the case after each use and let it air dry.
- Replace your contact lens case each month to reduce the risk of eye infections.

### Wearing time

- Follow the **wearing schedule** given by your optometrist.
- Do not wear your lenses longer than recommended.
- **Never** sleep in your lenses.
- **Do not** wear your lenses when swimming, bathing or showering.
- Avoid wearing lenses if your eyes are **red, sore, or infected**.

### Contact details

For any queries about your contact lens care, please contact the Optometry Department on **01925 662485**